





## Sandy Brooke Martinez

HAS SATISFIED ALL THE REQUIREMENTS, SUCCESSFULLY PASSED ALL EXAMINATIONS, AND HAS BEEN CERTIFIED AS A

## Chopra Ayurvedic Health™ Instructor

ON THIS DATE

October 31, 2024

Deepak Chopra, M.D. CHOPRA CO-FOUNDER

Sheila Patel, M.D.

CHOPRA CHIEF MEDICAL OFFICER